

Dear Parents/Carers,

Thursday 2nd March 2017

Friends of Gawthorpe Meeting

There will be another meeting tomorrow (Friday 3rd March) at 9:30am in the Maypole Centre regarding setting up the new parents group. Everybody is welcome to come along. We will be voting for the various positions available within the new group so if you would like to put your name forward or just want to come and be a part of the group then please come and join us.

Scholastic Book Fair

We will be holding a book fair at the academy the week commencing 13th March. The fair will be open from 8:20am – 8:45am and 3:15pm to 3:45pm. Please come and have a look around.

Wellbeing Workshop

We are holding a Wellbeing Workshop for parents and carers on Monday 27th March from 1:15pm to 3:15pm in the Maypole Centre. If you would be interested in attending then please contact Mrs Pyrah either in the office or on 01924 679682.

This Weeks Profile

Coach Clayton from Total Sporting Solutions teaches PE at our school on Thursdays and has written this short profile about himself and what he teaches in school.

'I have worked as a PE teacher across 5 academies before joining Total Sporting Solutions. This has given me great experience of working with children from varying backgrounds and abilities which I hope has given me the skills to encourage all children in sporting activities.

My role in this school is to work with children in Early Years and Foundation to gain skills that underpin sports throughout their school lives. I also work with children in Year 5 in smaller groups to engage them to become sports leaders and responsible role models in school. Working in smaller groups gives children more of a chance to shine if working in larger groups sometimes intimidates them.

I also support organised play at dinnertime to make it as fun and engaging as possible.'



Maypole

As you are all aware we place a very high priority on joining in the Gawthorpe traditional maypole celebrations. Mrs Hardaker started to train the maypole dancers last half term. As usual children from across the academy will make decorations for the plaiters float.

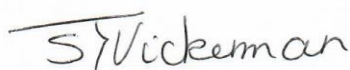
Traditionally Gawthorpe Nursery have decorated an additional float and Nursery children have taken part in the parade. Over the last few years the Nursery staff and parents were well supported in making float decorations from the Maypole Children's Centre team. However since the centre closed, the float decoration has been the responsibility of Nursery with support from the main school.

Last year only one family came along on the morning of the Maypole Saturday to decorate the Nursery float, and no one came at the end of the parade to help take the decorations down.

If we are to enter a Nursery float we have to have the assurance that parents will commit to decorating the Nursery float and taking the decorations off. Please let Nursery staff know if you are able to make this commitment. If not enough parents are willing to make such a commitment we will regretfully not be able to enter a Nursery float.

Regards,

The Leadership Team



Mrs S J Vickerman

Executive Principal



Mrs P M Gill

Executive Vice Principal



Mrs A M Mitchell

Head of School

Our Workshops

This workshop is completely free, and you can take away lots of helpful resources. If you cannot do this date or venue but would like to attend, please contact us and let us know your requirements as we may have other events on that are more convenient for you. We run lots of different kinds of workshops across Wakefield and District.

We also offer workshops for:

Improving Sleep
Mindfulness Based Skills
Men and Anger Workshop
Assertiveness Skills
Understanding Anger
Low Mood Workshop
Coping with Anxiety
Emotional Eating
Please contact us directly if you would like to book onto a workshop



Wanted Full Time Worker (parent or caregiver)

Duties include:

Driver, chef, accountant, nurse,
cleaner, referee, homework
supervisor, therapist, trainer,
role model, coach

Hours = 24

Pay = £0

Holiday and training = none

Find out more or refer by:

TEL: 01924 234 860

WEB: talking.turning-point.co.uk

EMAIL: wakefield.talking@turning-point.co.uk

**Assessment and treatments
available 7 days a week**

Wellbeing Workshop for Parents and Caregivers



What will we cover?

- Understanding what human beings need to feel happier
- Looking at how to feel better physically, mentally and emotionally
- Thinking about how to start making positive changes in our lives and circumstances
- Taking care of ourselves as parents
- Based on the pyramid of human needs and thinking about how to meet our own wellbeing needs



What to expect



A power point presentation will be given by a therapist who will talk you through lots of really helpful tips for improving your mental wellbeing



Some group discussion for those who wish to join in. It is ok to be shy and just listen and there is no pressure to disclose any personal or difficult information.



To fill in a form with your details so we can sign you into the service for this session only. We will need to enter your details onto our confidential patient database. To fill in a scored questionnaire about how you are feeling, everyone who attends needs to complete a questionnaire.



**Wellbeing Workshop for
Parents and Caregivers
Monday 27th March
Gawthorpe Community
Academy 1.15pm to 3.15pm.
In the Maypole Centre**

How to book on:
Speak to Mrs Underhill
or Mrs Pyrah
Then turn up on the day
Enjoy the workshop!