

Dear Parents/Carers,

Thursday 16th March 2017

Nursery Closure day

Next Monday Nursery will be closed to all children except those children who access wraparound. Nursery staff will be visiting homes of the children who will start Nursery after Easter.

This Weeks Profile

This week's profile is written by Joe at Total Sporting Solutions.

'My first experiences of Gawthorpe Community Academy (or Gawthorpe Primary as it was back then) was that as a sports coach over 10 years ago, newly setting up in business. I was fresh out of playing county cricket at Yorkshire, setting up business for the first time. To this day, some things are the same, whilst at the same time, many other things are vastly different.

Having setup in business delivering sports programmes to children of varying ages, abilities and locations around Yorkshire, we set up our charity Total Sports Foundation CIC where we worked with schools and other community organisations to access funding to run such programmes free of charge helping those, less fortunate, to access the quality provision we offer.

Over the last 11 years I have setup, grown and sold several businesses in the local area, of which 'The Foundation' is my most passionate. To still be involved at Gawthorpe all these years later, having spent the first 25 years of my life living here, gives me a huge sense of achievement and I am looking forward to the fantastic plans and ideas we have for our future partnership together'.



World Poetry Day

Next Tuesday will be World Poetry Day. In Nursery we will be reading poetry with the children.

Comic Relief Day

On Friday 24th March we will celebrate Comic Relief Day. This year the Academy Council have decided that the theme will be **'Make Your Laughter Matter and Make Your Hair Outrageous!'**. It will be non-uniform, for a donation, and if the children choose to, they can have outrageous hair. The Academy Council will be looking for the best joke and also having a laughter spotting competition so practice your ha-ha's, he-he's and ho-ho's!

Wellbeing Workshop


We are holding a Wellbeing Workshop for parents and carers on Monday 27th March from 1:15pm to 3:15pm in the Maypole Centre. The last parent's workshop had some great feedback so please put your name down and come along. If you are interested in attending then please contact Mrs Pyrah either in the office or on 01924 679682. Please find attached a leaflet regarding the workshop.

INSPIRE Day

Tuesday 28th March is our Nursery INSPIRE Day. More details to follow next week.

Regards,

The Leadership Team



Mrs S J Vickerman

Executive Principal



Mrs P M Gill

Executive Vice Principal



Mrs A M Mitchell

Head of School

Our Workshops

This workshop is completely free, and you can take away lots of helpful resources. If you cannot do this date or venue but would like to attend, please contact us and let us know your requirements as we may have other events on that are more convenient for you. We run lots of different kinds of workshops across Wakefield and District.

We also offer workshops for:

Improving Sleep
Mindfulness Based Skills
Men and Anger Workshop
Assertiveness Skills
Understanding Anger
Low Mood Workshop
Coping with Anxiety
Emotional Eating

Please contact us directly if you would like to book onto a workshop




Wakefield
Clinical Commissioning Group

Wanted Full Time Worker
(parent or caregiver)

Duties include:

Driver, chef, accountant, nurse,
cleaner, referee, homework
supervisor, therapist, trainer,
role model, coach

Hours = 24

Pay = £0

Holiday and training = none

Find out more or refer by:

TEL: 01924 234866
WEB: talking.turningpoint.co.uk
EMAIL: wakefield.talking@turningpoint.co.uk

Assessment and treatments
available 7 days a week




Wakefield
Clinical Commissioning Group

Wellbeing Workshop for Parents and Caregivers



TURNING POINT
TALKING THERAPIES



What will we cover?

- Understanding what human beings need to feel happier
- Looking at how to feel better physically, mentally and emotionally
- Thinking about how to start making positive changes in our lives and circumstances
- Taking care of ourselves as parents
- Based on the pyramid of human needs and thinking about how to meet our own wellbeing needs



What to expect



A power point presentation will be given by a therapist who will talk you through lots of really helpful tips for improving your mental wellbeing



Some group discussion for those who wish to join in. It is ok to be shy and just listen and there is no pressure to disclose any personal or difficult information.



To fill in a form with your details so we can sign you into the service for this session only. We will need to enter your details onto our confidential patient database. To fill in a scored questionnaire about how you are feeling, everyone who attends needs to complete a questionnaire.



Wellbeing Workshop for
Parents and Caregivers
Monday 27th March
Gawthorpe Community
Academy 1.15pm to 3.15pm.
In the Maypole Centre

How to book on:
Speak to Mrs Underhill
or Mrs Pyrah
Then turn up on the day
Enjoy the workshop!