

Date:

Time:

Dear Parent/Carer

Your child _____ bumped their head today at school. As the effect of this did not seem serious, I felt it safe for him/her to remain in school where we watch for any signs of distress.

General medical advice is:

1. If a child has been unconscious he or she must attend an Accident and Emergency Department.
2. Your child must be watched carefully for 24 hours even after apparently minor injuries. They can go to sleep but in the first 2 hours after the injury you must rouse them every 30 minutes. After that they should be checked every 3-4 hours including through the night. The child should merely be roused so as to open his or her eyes and move his or her arms and legs.
3. Children should be taken to hospital if they show any of the following symptoms:
 - A fit
 - Become difficult to rouse
 - Increasing drowsiness
 - Worsening headache
 - Vomiting
 - Confusion/strange behaviour
 - Weakness in arms or legs
 - Slurred speech
 - Dizziness, loss of balance
 - Visual problems
 - Blood or clear fluid from ear or nose
 - Breathing problems

If in any doubt call 999/112 for emergency help.

Yours sincerely



Mrs C Harris
Head of School
Gawthorpe Community Academy

